

VISITING THE URAEUS TEMPLE

The Uraeus Temple is an inner temple established on the seventh level of the Astral Plane in a region I call the Faerylands. The purpose of it is to create and maintain an astral structure from which we can individually and collectively be more effective at the planetary service work we are doing in the monthly Planetary Service Meditation conference calls. It will also enable us to more effectively work as one on planetary issues and whatever we are called to do in service of Gaia. Since there is no time and space on the astral, we will be united by collective intention there rather than needing all of us to concentrate and focus at the exact same time here on the physical plane.

The Faerylands (or Tír na nÓg, the Summerlands, Annwfn, Happy Hunting Grounds, Elysium, etc.), is a place where the hive oversouls of Earth's nature spirits (devas) exist. Every culture on Earth has legends and folklore about fairy folk or nature spirits. When nature spirits come to us in vision, they will often show up through our perceptual filters as the most culturally appropriate manifestations of such beings.

The Fairy Folk, the Little People, the Hidden Ones, the duende, fees, ferrishyn, piskies, the Twylyth Teg and the Aos Sidhe are names they have been called in the Celtic cultures of Spain, northern France, the Isle of Man, Cornwall, Wales, Scotland and Ireland. In the Hawaiian Islands they are called the menehune. In New Zealand, the Maori call them patupaiarehe. The Australian Aboriginal people call them mimis. Native American and First Nations people of the Algonquian tribes call them manitou. The Tupi tribe of Brazil call them the curupira. In Japan they are still revered in Shinto shrines as the kami. In China, they call them mogwai. They are the tien to the people of Vietnam. They are called yaksha by people in India and Southeast Asia. In Iran they call them peri. They are the djinn in Arabic countries. They are jumbos in Senegal, and aziza in Benin. In Scandinavia they are the alfar and dokkalfar. The Finnish call them haltija. They are the bila and rusalka of Eastern Europe and Russia.

And the Council of One call them devas, a Sanskrit name used for them in Western New Age and esoteric groups since the Theosophists began their movement at the end of the 19th Century,

We will make our Temple of Uraeus stronger and more enduring the more often we visit it in vision and reinforce its presence by our inner work. The beings of the Faerylands have given us permission to set it up and maintain it there. This may seem like a very involved inner vision process, but you should know that it takes a great deal of focused will and intention to truly affect the energy lines of Earth in any meaningful way. The more this technique is repeated, the more rapidly and adeptly you will be able to work with it.

When visiting the Temple of Uraeus, you can work with it as detailed in this document, or in other documents in this series that may be released.

You are also more than welcome to travel the Faerylands outside our Temple of Uraeus—but know that you might have some interesting encounters with the higher astral forms of the devas here. Some of them are initiators, some are tricksters for the purpose of goading growth and evolution of your soul. If you're not ready for that level of change and chaos in your life, stay within the Uraeus Temple.

If you ever wish to break yourself out of any adventure in the inner planes of vision, simply will or visualize yourself back at the inner altar in the center of your heart chakra with your hands resting on the altar.

Take deep breaths (try the Essence Breath) to orient yourself to your body, the place, and the time, and allow your consciousness to return to your current physical surroundings.

Sky Gate (Above)
Solar/Celestial Currents
Archangel Metatron
Griffin
Violet & Ultraviolet Rays
Crown Chakra & 14th Chakra

Winter Gate of Midnight
Telluric Current
Archangel Uriel
Coyote, Raven and Shark
Earth Element
Green Ray
Heart Chakra & 12th Chakra
Uraeus Group of the Council of One/Gaia

Autumn Gate of Twilight
Hydraulic Current
Archangel Gabriel
Salmon, Otter and Albatross
Water Element
Orange Ray
Sacral Chakra & 8th Chakra
Lotus Blossom Group of the Council of One/Kwan Yin



Spring Gate of Dawn
Aerial Current
Archangel Raphael
Flying Fish, Eagle, and Bear
Air Element
Indigo Ray
Brow Chakra & 9th Chakra
Lotus Sword Group of the Council of One/Adama Rex

Summer Gate of Noon
Volcanic/Electrical Current
Archangel Michael
Phoenix, Lion (African or Mountain),
and Electric Eel
Fire Element
Yellow Ray
Solar Plexus Chakra
& 11th Chakra
Mediation Corps of the Council of One/Athena

Underworld Gate (Below)
Chthonic Current
Archangel Sandalphon
Ouroboros Serpent
Red & Infrared Ray
Base Chakra & 13th Chakra

Those of you who are uneasy with the mention of angels from the Abrahamic religions (Judaism, Christianity, and Islam), or who are more in resonance with shamanic or pagan reality filters, may simply envision the spirit animal guardians rather than the angelic presences. Or you can visualize all of them at once. Just go with what you're most comfortable with, and you may even get visions of guardians that look different just for you. There are no rigid rules here—take these as suggestions only.

In the cosmology of the Council of One, the angels and archangels occupy the 6th and 7th dimensions (the Messianic and Buddhaic Planes in the Michael Teachings). They can be seen in function as the devas of the upper dimensions. Just like Earthly devas, they are beings who have no free will and must act in accordance with their divine programming and function—their version of “animal instinct”.

In other words, as devas originating on the 7th level of the astral manifest their animating light in support of the lower astral and physical planes, the angels can be seen as devas of the 5th, 6th and 7th dimensions, maintaining the integrity of these planes and offering support to the consciousness there. They transmit energy and information through the lower planes (and sometimes on the physical plane as well) to support the spiritual growth, integrity and evolution of consciousness under the directive of the Source of All That Is.¹

¹ For what it's worth, when I see angels in my inner vision, they don't look like the traditional depictions of angels—flying humans with wings and halos. To my sight, they look like incredibly powerful and resonant (but decidedly odd and inhuman) arrangements of geometric structures and light, and when they communicate with me I receive eerie and complex tones and see fiery symbols rather than hear language that I somehow translate into information I find meaningful.

Technique: Visiting the Uraeus Temple

Before beginning this process, it's a good idea to have a very clear idea of what you want to work on. Do you want to direct energy to a place where there has been a natural disaster, or where a natural disaster is on its way? Do you want to work on ley lines and vortices in a specific area? Will you focus on supporting the elementals and devic entities of an area, the human inhabitants, the energy grids of the Earth, or all three? (If all three, focus on only one layer at a time when you're in the Uraeus Temple conducting and directing the work, otherwise your intent and efficacy is muddled). Do you want to send energy, rays and qualities into the Collective Consciousness Grid of Earth? Use a physical map, a globe, or an image or printout from Google Maps to build a strong and focused mental image of the area of Earth on which you want to work. This focuses and clarifies your intent and allows the Uraeus Group to precisely arrow in on the area of concern through your astral work in the Temple of Uraeus, anchored and stabilized by your body on the physical plane.

1. Unify your fields using the Unified Field Meditation. [Or by command code: "Spirit, please set spin ratios of my fields: 1:1, 2:1, 3:2, 5:3, 8:5, 13:8, 21:13, 34:21, 55:34, 89:55, 144:89, 233:144, 377:233—initiate Unified Field to 14th Chakra."]
2. Start the Essence Breath. Visualize your essence/soul as a light, a smoke, or a color. I like to envision essence coming through on the Turquoise Ray for this, but you can visualize it however you wish or in the way your essence guides you. Remember that you can combine any number of rays with each other also. Slow and measured, counting to 5-9 (whichever is most comfortable for you), inhale through your nose, breathing essence into every cell of your body. Hold for a count of 3-9, feeling essence saturate your entire body until light is coming out of the pores of your skin and down the strands of your hair. Exhale slowly and steadily through your mouth on a count of 5-9, visualizing the light of essence streaming out of your skin to fill your energy fields, filling yourself completely with the light of your own being, the light of your own Spirit. Repeat the breathing cycle until your body feels more relaxed and the chatter in your mind quiets.
3. Allow your consciousness to drop from where it normally resides behind your forehead, moving your attention down through the brow chakra, down through the throat chakra, and entering the heart chakra. Inside your heart chakra is your sanctum sanctorum, your holy place, and it will look like whatever feels most sacred to you, manmade temple or natural grove. In the center of this space is your inner altar. Again, this will seem meaningful to you, manmade or natural.
4. Approach your inner altar. In your mind's eye, sense the presence of the Threefold Flame of Love, Truth, and Energy. They are stylized flames that give off light but not heat. Observe them for a moment. Usually, they are not the same height. Discern which of the flames—Love, Truth, Energy—is highest, and which is lowest.
5. Continue the Essence Breath, only when you exhale through your mouth, see the light of your essence move to the base of the Threefold Flame, acting as a bellows on the fire. With each exhale, the lower flames should leap up higher. Continue this until the lower flames match the height of the highest flame. [If using the accompanying audio recording, stop or pause it here to give you time to complete this step.]
6. When you have done this, lay both hands on your altar, and will the flames to remain locked in their current positions while you are in the inner planes space doing your work. When this feels complete, remove your hands from the altar and broaden your awareness to include the entire space inside your heart chakra.
7. This holy space in the center of your heart chakra is like the hub of a many-spoked wheel. In all directions, doors or passages or gates or paths line the edges of this space.

8. Set your intention to light up the door/gate/path that leads to the Uraeus Temple in the Faerylands on the 7th level of the astral plane. Follow this path or walk through this door, and you will find yourself in the very center of the Temple of Uraeus, in the central or Spirit Gate. You will emerge from a floating simulacrum of the planet Earth.
9. Before working, you must seal the space and request the assistance of the guardians of each gate. While at first this may seem a pain, or too time-consuming, with practice you will be able to go through the casting of the work circle very quickly and adeptly. And it's important not to skip these steps, as the stronger your visualization is of the Uraeus Temple, the more effective your work here will be. Also, it serves to reinforce its presence, capacity and reality as an astral temple. As each of us do this work, we charge and amplify the power and expand the energy capacity of our Uraeus Temple. In a very real sense, we are using this ritual to "build" our Temple.
10. First, concentrate on the Spring Gate. You will notice a huge elliptical open gate, through which you can see a scene of spring. Bright shoots of green, tender pale green leaves on trees, spring flowers, gentle rains. The time of day seems to be sunrise—the sky is pink and gold and blue with dawn. Standing on either side of the Gate are the guardians—Archangel Raphael, Flying Fish, Eagle and Bear. Announce internally (or audibly, as you wish):
11. **"I call upon the Guardians to anchor the Spring Gate."** You may feel or sense their energy working around the Gate.
12. Commune with the Guardians for a moment, opening your awareness and receiving any energy or knowledge they may impart to you upon request.
13. Turning yourself clockwise from the Spring Gate, face the Summer Gate. You will notice a huge elliptical open gate, through which you will see the rich greens of midsummer, and the sun high in the blue noon sky. Standing on either side of it are the guardians, Archangel Michael and Phoenix, Lion and Salamander. Announce internally (or audibly, as you wish):
14. **"I call upon the Guardians to anchor the Summer Gate."** You may feel or sense their energy working around the Gate.
15. Commune with the Guardians for a moment, opening your awareness and receiving any energy or knowledge they may impart to you upon your request.
16. Turning yourself clockwise from the Summer Gate, face the Autumn Gate. You will notice a huge elliptical open gate, through which you will see vivid reds, oranges, yellows and browns of the fall. The Sky stretches from blue to indigo on its way to the blackness of night. Standing on either side of it are the guardians, Archangel Gabriel and Salmon, Otter and Albatross. Announce internally (or audibly, as you wish):
17. **"I call upon the Guardians to anchor the Autumn Gate."** You may feel or sense their energy working around and the Gate.
18. Commune with the Guardians for a moment, opening your awareness and receiving any energy or knowledge they may impart to you upon your request.
19. Turning yourself clockwise from the Autumn Gate, face the Winter Gate. You will notice a huge elliptical open gate, through which you will see the bare branches of trees and the ice and snow of winter. The sky is starry and black, and you may or may not see the moon. Standing on either side of it are the guardians, Archangel Uriel and Salmon and Otter. Announce internally (or audibly, as you wish):
20. **"I call upon the Guardians to anchor the Winter Gate."** You may feel or sense their energy working around the Gate.
21. Commune with the Guardians for a moment, opening your awareness and receiving any energy or knowledge they may impart to you upon your request.

22. Turning yourself clockwise from the Winter Gate, face the Spring Gate again. Situate yourself in the center of the temple where the floating image of Earth is. You can even stand within this hologram of Earth.
23. Raising your right hand to point above you², announce internally (or audibly, if you wish):
- 24. “I call upon the Guardians Above to anchor the Star Gate.”** You may feel or sense their energy working around the Gate.
25. Commune with the Guardians for a moment, opening your awareness and receiving any energy or knowledge they may impart to you upon your request.
26. Lowering your left hand to point below you, announce internally (or audibly, if you wish):
- 27. “I call upon the Guardians Below to anchor the Abyssal Gate.”** You may feel or sense their energy working around the Gate.
28. Commune with the Guardians for a moment, opening your awareness and receiving any energy or knowledge they may impart to you upon your request. Then:
- 29. “In the center of my Spirit I stand between the gates of all worlds. Circle Security, please close this Temple’s circuit and secure this space against all interference and intrusion with our work right now.”**
30. Set your intention to merge your Unified Field with the Unified Fields of all other fellow incarnate Earthworkers who may be connecting with you in consciousness to serve the planet.
31. You will feel the energy of many beings encircling the Temple. These are devic energies from the Faerylands and other souls who energetically support the Uraeus Group’s work on Earth. Some of these souls may be currently incarnate, or discarnate. Feel their energy supporting and helping to amplify the power of the working.
32. Focusing on the hologram of Earth, zoom in to the area you are working with and focus on it. You will sense a huge sphere of energy lowering itself around the Temple from above, the direction of the Star Gate. This represents the consciousness of the Council of One descending from the 5th Dimension to connect with your working. Specifically, you will sense the energy of Gaia and the Uraeus Group wing of the Council merging with the collective Unified Field of the Earthworkers in the circle of the Temple.
33. Stop the recording at this point if you are listening to the audio file accompanying this document. Resume playing it when you feel complete with the work.
34. When you feel complete with your work here today, face the Spring Gate and address the Guardians, letting them know you are finishing the work and thanking them for their support:
- 35. “Spring Gate before me, Autumn Gate behind me. Summer Gate at my right, Winter Gate at my left. Abyssal Gate below me, the Star Gate above me, and Circle Security surrounding me. I thank you, Guardians, for your support. Please strengthen and keep this Temple of Uraeus in accordance with the will of my Spirit and the Source.”**
36. Enter the central hologram of the Earth and make your way back to your inner altar.
37. Lay both hands on your inner altar, anchoring yourself back into your body and the physical plane.
38. Allow your consciousness to come back into the room.

COUNCIL OF ONE

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² Reverse the hand used if you are left-handed.