

Balancing Brain Circuitry

The 5th Dimensional circuitry in the brain is what allows higher consciousness to anchor itself into organic matter. In general, it is best to seek out a skilled practitioner familiar with these multi-layered circuits for the most thorough calibration. Still, when seeing one is not practical, we can direct energy to these circuits to help them maintain proper function. There are circuits that modulate synchronization between the right and left brain hemispheres, circuits that trigger neurotransmitter release, endocrine circuits, optical circuits, occipital circuits, and so on.

When these circuits are knocked out of calibration by various kinds of stress, it makes it harder for our brains to operate efficiently. The brain is a holographic receptor organ for higher consciousness — it translates memories from the fields, so when the circuits are off, then short- and long-term memory can suffer. Fried brain circuitry can also throw off endocrine, immune, and cognitive function.

When you are ready to perform this exercise, try to ensure that you have ample time free of interruptions or disturbance to do so. After all, you're working on your brain here. Please be aware that the diagram is an extremely simplified illustration for the purposes of this technique — it by no means represents the full number and interrelationship of all the circuits that are actually present.

1. Unify your fields using the Unified Field Meditation.
2. Place one finger over your Third Eye, and one just under the occiput. Position your hands so that each thumb is placed just over the top of the ear on each side of your head.
3. Inform your Spirit and guides that you are balancing your brain circuitry now — they will help with some of the more complex circuits that you can't reach or sense.
4. Allow energy to flow from your fingertips into your brain, allowing Spirit to work through your body at the contact points. You may feel heat, tingling, woozy, or heaviness in the head while running the circuits. If you experience any pain, ask Spirit to slow down the energy flow.

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5. If you would like to visualize the Star of David pattern, you may do so (see diagram).
6. You may feel at times the urge to move and place your fingers at different points around your skull and the back of your neck — surrender to Spirit and let it work through you as needed.
7. When you feel complete, allow your Consciousness to return to the room.

Simplified Brain Circuitry Diagram
(Star of David)

