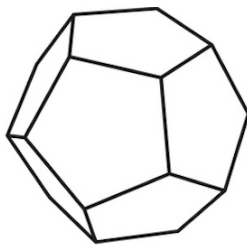


NESTED GRID

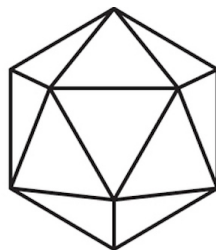
Overview

The Nested Grid is a technique used to anchor healing energy into any location that calls for it: this may be in response to flood, earthquake, wildfire, or any human, or natural catastrophe ; or simply around a nexus of human activity (such as a large metropolitan area) that calls for support. This technique is a cornerstone of the Planetary Service Work.

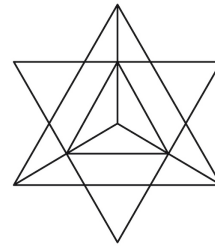
It is done by imagining a series of dodecahedrons and icosahedrons nested inside one another — from the room you are in, to the planet itself. The geometries extend above and below, just as far as they do to the sides.



Dodecahedron



Icosahedron.



Double Tetrahedron

Learning the Technique

Start by practicing the technique right wherever you live. Feel how the geometries focus powerful energies. Commune with these energies.

To apply it to some distant location, just imagine yourself there — ground zero — and construct the Grid around you. Ask the Council to hold it in place while you return to your home. Work with the Grid from there.

Adapting the Technique

The sequence of areas, increasing in size, may not exactly match the location where you live. You may need to interpret the series of steps to match your location. The main idea is that each successive layer is larger, and contains all the others within it. Imagine each geometric form being made of White Light.

Steps of Technique

0. Start with the Unified Field meditation, a prerequisite for all Council Tech.
1. Imagine a dodecahedron (12 sides), made of White Light, surrounding you in the room you are in.
2. Add a larger icosahedron (20 sides), made of White Light, that surrounds your entire home.
3. Now imagine a dodecahedron (12), surrounding your block, or your neighborhood.
4. Next, an icosahedron (20), surrounding your region of the town.
5. Dodecahedron (12), surrounding the town, city, or greater metropolitan area.
6. Icosahedron (20), surrounding your entire state.
7. Dodecahedron (12), that surrounds your nation.
8. Finally, a double tetrahedron that engulfs the entire planet, enclosing all previous levels of the Grid.
9. Now you can imagine filling the entire Grid with various Light Rays, as appropriate. In addition to whichever colors you invoke, ask the Council to send in whatever is most needed. Examples may include:

Turquoise Ray: Brings calm, expansion, acceptance.

Silver Ray: Gently releases any energies, attitudes, beliefs, etc., that no longer serve anyone's well-being.

Fuschia Ray: Vibrant pink that is the color of Unconditional Love, and the Office of the Christ.

Peace Ray: A deep, sea green, shot through with delicate rainbows, like sea foam. *The Peace that Passes All Understanding* wants the same for everyone.

Victory Ray: The color of lapis lazuli — deep midnight blue with sparks of gold. This brings the Victory of Truth over Falsehood, Spirit over Matter, Essence over Ego.

NOTE: The book, *Spirit Medicine for the 21st Century*, includes a full chapter on the Light Rays (Elohim), with a much broader overview, and a list of more Elohim energies.

Make a recording

With all these more complicated, specialized techniques, we recommend that you make a recording of the steps, in your own voice. This will allow you to relax fully, and watch the technique unfold effortlessly.

[There is a simplified list of steps on the next page.]

Simplified List of Steps

1. Icosahedron (12) your Body
2. Dodecahedron (20) your House
3. Icosahedron (12) your Block, or Neighborhood
4. Dodecahedron (20) Region of Town
5. Icosahedron (12) Entire Town
6. Dodecahedron (20) Entire State (or Province)
7. Icosahedron (12) Your Entire Nation
8. Double Tetrahedron 30,000 feet, above and below
ground

* Remember: You may need to adapt the descriptions (Block, Region of Town, Town, etc.) to your specific locale.