MediationCorps5D.net "Intermediate Self-Care"

PERSONAL PROTECTIVE GRID

Overview

This is one of three versions of similar techniques, all of which establish layers of support and protection. They are:

- Quad Grid
- Triple Grid
- Personal Protective Grid

The Personal Protective Grid is a simplification of the Triple Grid, Substituting Grace Elohim for the Destroyer Force Angels. The Personal Protective Grid surrounds your body, using gentler energies than the other two.

Spherical grids are the most stable and easy to maintain, so we suggest working with this geometry for most everyday applications (such as around your home, car, or workplace). You will want to renew the grid regularly, whenever you notice the need to feel its protection.

The Personal Protective Grid is a good one to use when you're outside, traveling between gridded spaces, or anytime you feel you need to get clearer.

It can be infused into a crystal and worn around your neck or on your person; when you feel like renewing the Grid, just request the deva of the crystal to "Renew Individual Grid". You might need to do a full version once a week — otherwise, renewing it one or more times a day can be done as outlined above and is still effective. You can also add the optional Ze'Or Grid, as outlined in the Quad Grid technique.

Personal Protective Grid Technique

1. Establish Grids

1. "Legions of Michael: grid level one, spherical, my fields. Grace Elohim: grid level two, spherical, my fields. Circle Security: grid level three, spherical, my fields.

2. Energize Grid 2

1. "Grace Elohim: please fill your grid with your energies, releasing astral entities, adverse electromagnetic frequencies, fear, disharmony, anger, adverse astrological influences, expectation, frustration, viruses, fungi, bacteria, worry, astral distortions, miscommunication, sadness, enemy patterning, scarcity, loneliness, karmic monads, and anything that distorts the spiritual signature or clear communication with Spirit. Release anything that hasn't been mentioned in this or any other language, but which you know needs to leave my fields at this time." (These are just a few suggestions. Fill in whatever is needed according to your situation).

"Spirit: I ask you to release all energies, entities, thought forms, emotions, cellular memory, orientations, pictures of reality, devices, intrusions and effects in my body and fields that are not of my core Divine essence, NOW!"

When the clearing feels complete, "Thank you."

3. Energize Grid 1 (the innermost)

1. "Legions of Michael, please infuse your grid with the energies of Grace, Purity, Faith, Hope, Peace, Liberty, Harmony, and Victory Elohim. Infuse with love, intimacy, the Unified Chakra, centeredness, clarity, full connection with Spirit, tolerance, clear communication, health, wealth, following Spirit without hesitation, mastery, sovereignty, living Heaven, and anything else that hasn't been mentioned in this or any other language,

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but which you know needs to be in my fields at this time. Please seal your grid. Thank you."

(You may adapt the full series above as you see fit. This will certainly happen as you gain experience with this Work.)

3. Energize Grid 3

1. "Circle Security, realign your grid to harmonize with upperdimensional grids. Release all distortions and parasites on the grids. Infuse frequencies for clearer communication with Spirit. Seal grid. Thank you."