

## TRIPLE GRID

### Overview

This is one of three versions of similar techniques, all of which establish layers of support and protection. They are :

- Quad Grid
- Triple Grid
- Personal Protective Grid

The Triple Grid is a simplification of the Quad Grid, made by omitting assistance for dealing with the electromagnetic spectrum. It can be used to protect a room, a building, or any large space. The Personal Protective Grid surrounds your body, and uses gentler energies than the other two.

Use the Triple and Quad Grids for keeping areas like your home, workplace, or car energetically clean. In the Triple Grid technique, you first ask the specific group to set up their level of the Grid, designating the geometric shape, size, and location.

Spherical grids are the most stable and easy to maintain, so we suggest working with this geometry for most everyday applications (such as around your home, car, or workplace). You will want to renew the grid weekly or whenever you notice the energy getting funky.

The Triple Grid can be done around a location without you being physically there. Try doing it around the mall, the courthouse, the grocery store, or the post office, etc., before you get there. Remember that it cannot be used to manipulate others; it just makes particular energies more or less easily available.

This is a very versatile technique. We have given you the everyday applications. The spherical geometry is very stable and easy to maintain. Live in it all the time, and it will be easier to live centered in your own Spirit.

The Triple Grid should NOT be used around your own fields, as the speed with which the Destroyer Forces spin might cause your own fields to fray. (See the Personal Protective Grid for a technique to grid your own fields.)

## Triple Grid Technique

### 1. Establish Grids

1. “Legions of Michael: Grid level one, spherical, [my house, office building, etc.]. “
2. “Destroyer Force Angels: Grid level two, spherical, [my house, office building, etc.]. “
3. “Circle Security: Grid level three, spherical, [my house, office building, etc.]. “

### 2. Energize Grid 2

1. “Destroyer Force Angels: please spin your grid, spinning out :  
[ the following is a complete list. You may use all, or part, and adapt it to your specific needs.]  
“Astral entities, adverse electromagnetic frequencies, fear, disharmony, anger, adverse astrological influences, expectation, frustration, viruses, fungi, bacteria, worry, astral distortions, miscommunication, sadness, enemy patterning, scarcity, loneliness, karmic monads, and anything that distorts the spiritual signature or clear communication with Spirit. Spin out anything that hasn’t been mentioned in this or any other language, but which you know needs to leave the space at this time.”
2. When the clearing feels complete, continue with, “Reverse spin, same stuff.”
3. When that feels complete, end with, “Stop spin. Thank you.”

### **3. Energize Grid 1** (the innermost)

1. “Legions of Michael, please infuse your grid with the energies of:

[ the following is a complete list. You may use all, or part, and adapt to your specific needs.]

“Grace, Purity, Faith, Hope, Peace, Liberty, Harmony, Love, Mercy, Alpha/Omega, Rapture, and Victory Elohim. Infuse with love, intimacy, the Unified Chakra, being centered, clarity, full connection with Spirit, tolerance, clear communication, health, wealth, following Spirit without hesitation, mastery, sovereignty, living Heaven, and anything else that hasn’t been mentioned in this or any other language, but which you know needs to be in the space at this time. Please seal your grid. Thank you.”

### **3. Energize Grid 3**

1. “Circle Security, realign your grid to harmonize with upper-dimensional grids. Release all distortions and parasites on the grids. Infuse frequencies for clearer communication with Spirit. Seal grid. Thank you.”