

WORKING IN THE URAEUS TEMPLE

Overview

This is a tool of the Planetary Service branch of the Council, known as the Uraeus Group. Because their Work targets the entire Planet, and the Collective energy of all Humanity, much of their work is done in groups. However, the Council have established the Uraeus Temple on the Upper Astral Plane to give greater focus and stability to our Planetary Service efforts, and to allow individuals working alone to combine their efforts with other solitary Light Workers. This Temple is similar to other such constructions created since Egyptian times in the Western Mystery Tradition.

Visiting the Uraeus Temple is one of the more complex techniques, although easy to master with repetition. The version here is simplified, perhaps more appropriate once one has experienced the full sequence. (We provide links to both written and audio versions of the full technique.)

1. The Uraeus Temple is located on the seventh level of the Astral Plane. (The highest level of the Astral, immediately adjacent the Causal.)
2. We enter the Temple through the Inner Temple of the Heart, by spiraling up to the Upper Astral (corresponding to the 10th chakra).
3. We start with the Spring Gate, connecting with the energy of Spring, and asking the Guardians to anchor the Gate, sealing it against any interference or intrusion.
4. Then we do the same with the Summer, Autumn, and Winter Gates.

5. Next, the vertical directions. We work with the Star Gate above, and the Abyssal Gate below. Once we have anchored and sealed all six Gates, we are ready to begin.
6. In the center of the Temple is a hologram of the Earth. We use this to focus our awareness, whether we are working with Nested Grids around large metropolitan areas, or with the Consensus Grids around the whole planet.
7. The Council manifests as a large sphere of energy that descends to surround the Earth hologram, containing us all.
8. When we are done working, we conclude by thanking the Guardians of all the Gates.
9. We return to 3D consciousness by placing both hands on our Inner Altar.

NOTES:

- The written version by Susannah Redelfs goes into more detail, in both Overview and Technique.
- The audio version of this technique follows Susannah's more detailed version
- Make a recording: With these more complicated, specialized techniques, we recommend that you make a recording of the steps, in your own voice. This will allow you to relax fully, and watch the technique unfold effortlessly.
- If this Planetary Service Work calls to you, Susannah hosts a monthly group meditation. Here is the link to join the mailing list:

<https://councilofone.org/planetary-service/>