

WALKING IN GRACE

Overview

Many bits of Council Tech involve working with the Elohim, who are conscious Light Beings of the Buddhaic Plane (7D). This is a more involved technique that allows us to infuse every cell of our body, then go walking around, spreading the Light everywhere,

Technique

1. Unify your fields via the Unified Field technique.
2. Let your Consciousness become aware of a single cell in your body. See the membrane, the mitochondria, the spinning vortex in the nucleus. Allow your awareness to go into the vortex at the nucleus. Feel yourself move through it, like it's a whirlpool drawing you deeper, deeper, until it pulls you out of the other side, into another place.
3. See the blackness all around you as you emerge on the other side of the vortex. This is the Void, the space between subatomic, which holds the space for infinite potential, infinite creation. In this Void, you will see glowing lines, and pulses of light moving through them. Allow yourself to feel very expanded, as your Consciousness extends throughout the Void, becoming One with the Void, One with the lines of Light, One with the pulses traveling through the Light. Feel your body get more and more relaxed, and your mind still.
4. From this place, request that the silver Ray of Grace meet you in this place. You will see the lines of Light turn to glowing, iridescent silver, the pulses of Light moving through them — a brighter silver. You will see that Light spill out of the lines, touching the Void, as Grace moves faster and faster through the lines.

5. Now, pull your Consciousness back out of this place, until you can see the cell again. Notice how the entire cell is filling with silver light. Allow this Light to flow through the membrane of the cell, until it crosses into the cells next to it, lighting up all the cells next to it. Pull your Consciousness back even farther, until you see an entire part of your body start to radiate silver. Allow the Light to spread, until it suffuses your entire body, and spills out of your skin, radiating out into your Field from every pore.
6. Take a deep breath, and allow your Consciousness to come back into the room. Feel how your skin tingles with the Silver Light of Grace pouring out of it in waves, knowing that everywhere you walk, you walk in this Silver Light. Knowing that everything you touch, you touch with this Silver Light. Knowing yourself to be walking in a state of Divine Grace, with each breath and each step.

Once you have mastered this basic technique, you may choose to include other Elohim in combination. Turquoise and Grace are always a beautiful combination. I also like to include Rose and Victory. If you persevere in this Work, you will no doubt find your own favorite combinations.